

# Tricky Kids: helping them reach their potential

Presented by Andrew Fuller

## PROGRAM OVERVIEW

For years I have been faced with a paradox. The same kids who were being referred to my practice in Blackburn were also the kids who exhibited many of the behaviours and features of great figures in world history. The same kids who are difficult to engage in schools or to raise are also those with great potential. These are the tricky kids.

Tricky Kids can drive teachers and parents mad. They have enough zing, getup and go, vim and vigour, pizzazz, tricks and humour to make even the most vibrant teacher or parent look wistfully around for a quiet place to have a rest.

We've all heard the letters thrown at these kids: ODD (oppositional defiant disorder) CD (Conduct disorder) and other letters of the alphabet as well!

Whether you are teaching them, parenting them or just trying to survive them, this day will give you the skills to handle Tricky Kids. This workshop covers how to engage them, how to get them behaving and learning and succeeding.

## PROGRAM DETAILS

The workshop is gleaned from over twenty-five years of working with tricky kids as well as workshops with thousands of teachers of tricky kids. It is anticipated that following this workshop you will be able to put into action the strategies you learnt and how to assist tricky kids to reach their potential.

Topics covered will include information on Anger Management, Melt Down versus Cool Down procedures, Depression Anxiety, Bullying and how to overcome perfectionism.

## This workshop will assist you in being able to:

- Recognise the six most common clusters of behaviours seen in tricky kids
- Recognise from your own reactions what type of tricky kid you are dealing with
- Plan an effective intervention so that you can enable tricky kids to broaden and flourish
- Recognise common conflict clash points and how to side step them
- Establish a calmer and more resilient classroom or home life
- Develop strategies for tricky kids, parents and spin doctors.

## ABOUT THE PRESENTER

**Andrew Fuller** is a Clinical Psychologist and Family Therapist Fellow, Departments of Psychiatry and Learning and Educational Development University of Melbourne, Ambassador for Mind Matters Member, National Coalition Against Bullying and a principal consultant to the national drug prevention strategy REDI, the ABE on children's television shows.

Andrew has recently been described as an "interesting mixture of Billy Connolly, Tim Winton and Frasier Crane" and as someone who "puts the heart back into psychology". As a clinical psychologist, he works with many schools and communities in Australia and internationally, specialising in the wellbeing of young people and their families.

Andrew highlights the concept of "resilience" which offers a coherent framework for the creation of schools that are sensitive to the developmental needs of young people and their teachers. Andrew describes resilience as "the happy knack of being able to bungee jump through the pitfalls of life - to rise above adversity and obstacles".

**Dates** Thursday 14 May 2009

9.30am - 4.00pm

**Venue**

CSE  
Mercer House  
82 Jolimont Street  
East Melbourne VIC 3002  
*Melways Ref: 2G B6*

**Cost**

\$297 (inc GST)  
Cost includes program materials, morning/afternoon tea and lunch.

**RSVP**

Monday 4 May 2009

## Parking

As parking in the area is mainly 1 and 2 hour, it is advisable for participants to use public transport. CSE is a 5 minute walk from trams and trains. There is all day parking at the Melbourne and Olympic Park, Entrance D, Swan Street for \$10.00 per entry (subject to availability).

what **why** **HOW**

**R E P L Y F O R M**

*This document will be a TAX INVOICE for GST once payment is made.*

I/We wish to participate in the workshop **Tricky Kids: helping them reach their potential**, to be held on Thursday 14 May 2009, 9.30am - 4.00pm, at CSE, Mercer House, 82 Jolimont Street, East Melbourne.

Please complete the registration details below. Confirmation notification will be by return email.  
 Tick the boxes if you would like to receive regular email updates from CSE

| First Name | Last Name | Email |                          |
|------------|-----------|-------|--------------------------|
| <b>1</b>   |           |       | <input type="checkbox"/> |
| <b>2</b>   |           |       | <input type="checkbox"/> |
| <b>3</b>   |           |       | <input type="checkbox"/> |
| <b>4</b>   |           |       | <input type="checkbox"/> |
| <b>5</b>   |           |       | <input type="checkbox"/> |
| <b>6</b>   |           |       | <input type="checkbox"/> |

**School** \_\_\_\_\_

Address \_\_\_\_\_ Postcode \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

School email \_\_\_\_\_

Individual dietary requirements \_\_\_\_\_

**RETURN TO:**

Please complete and forward this form with your remittance to:

Melinda Spiteri  
 CSE  
 Mercer House  
 Level 1, 82 Jolimont Street  
 East Melbourne VIC 3002  
 Phone: 03 9654 1200  
 Fax: 03 9650 5396

**Please fax your completed form to Melinda on 03 9650 5396.  
 The cheque made payable to CSE should be forwarded separately.**

**PAYMENT DETAILS:**

*For this document to be a TAX INVOICE for GST the following information must be completed in full and payment made.*

No of staff attending: \_\_\_\_\_ @ \$297 (inc GST) = \$ \_\_\_\_\_

**RSVP:  
 Monday 4 May 2009**

\$270 + \$27 GST = \$297